

OPJH 2017 Cross Country



Head Coach: Kaitlyn Goodman

<u>Date</u>		<u>Opponents</u>	<u>Location</u>	<u>Distance</u>	<u>Time</u>
8/26	Sat	RHS Invitational	Ridgeview	3k	8am
9/13	WED	LSJH & OLJH	OPJH	3k	5pm
9/27	WED	LAJH & LSJH	LSJH	3k	5pm
10/6	FRI	Jr. High Champoinship	RHS	3k	6pm

Race Distances are 3000 meters (3K)

8/15 first practice

GO
Cats!



**Orange Park Junior High
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